

Health & Safety Workshop



Training & Consultancy

Presented by:

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Workshop Layout

- Introductions
- **Unit 1** - General Health & Safety
- Tea, Coffee and Refreshments
- **Unit 2** - Child Safety
- **Unit 3** - Looking after you and your staff
- **Unit 4** - Safety Equipment
- Free resources for your Centre
- Q & A

Introductions

Knowing me,
Knowing you.

AHAAAAA!

General Health & Safety

Unit 1

- Introductions
- Legal Requirements for managers
- Roles & Responsibilities
 - Managers
 - Employees
 - Public
- Risk Assessments

Legal Requirements

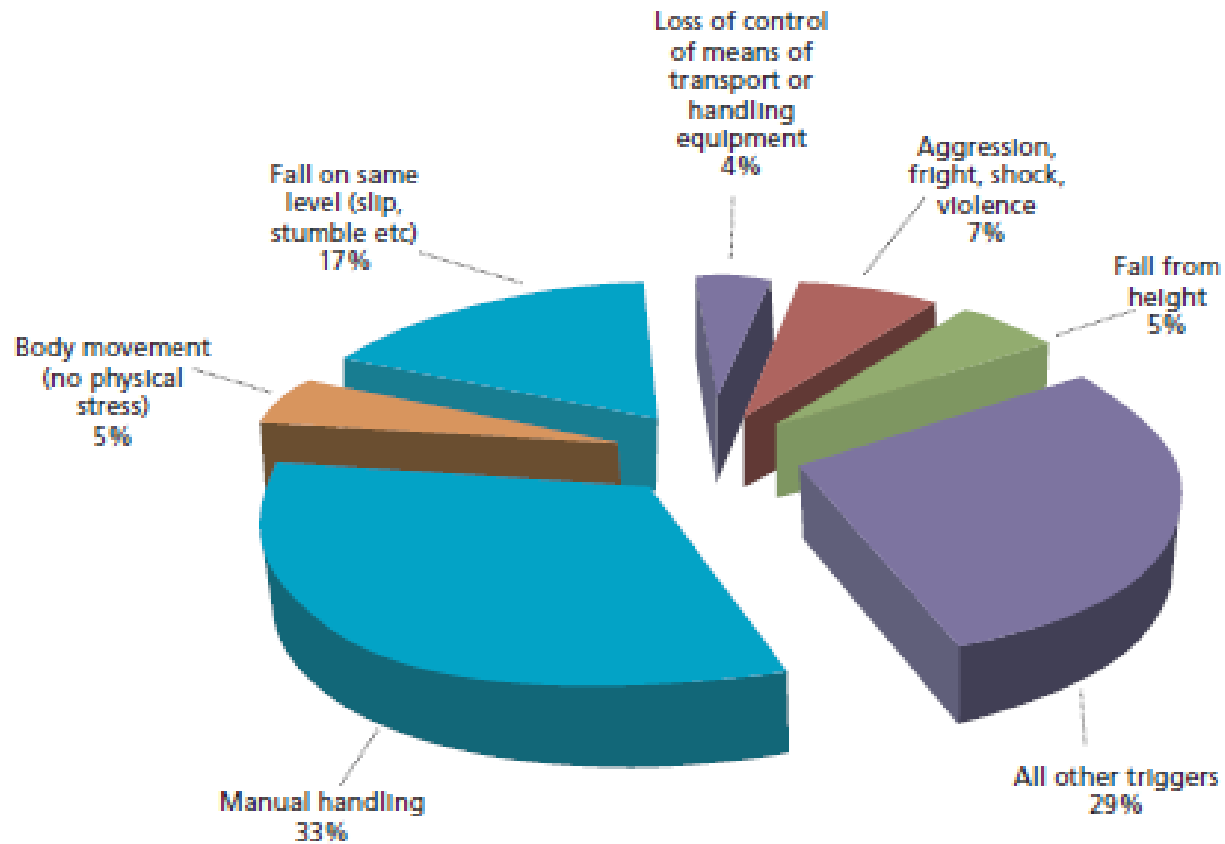
- Health, Safety and Welfare at Work Act 2005
- Expectations of Managers
- Expectations of Employees / Workers
- Required Paperwork

Safety, Health and Welfare at Work Act 2005

- Duties of Employers
- Duties Of Employees
- How it relates to our work

Accident Statistics

Figure 2.20: Non-fatal injuries by trigger 2011 (HSA)



Duties of Employers

- Safe Place of Work
- Safe Access & Egress
- Safe Systems of Work
- Safe Plant and machinery
- Provide PPE (Examples?)
- Training (What type?)
- Risk Assessment Supervision



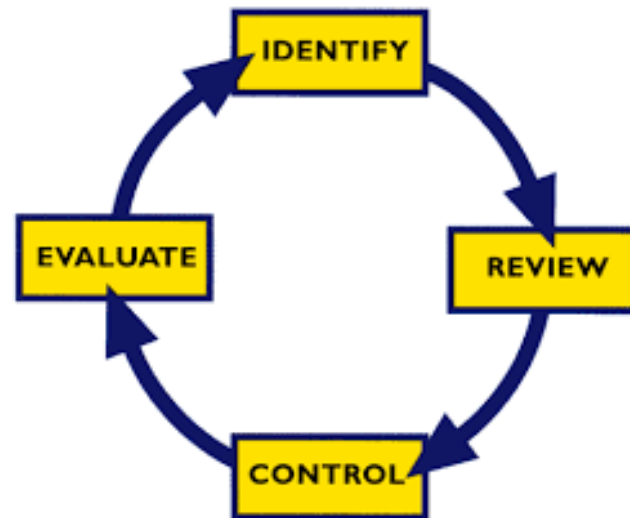
Duties Of Employees

- Keep workplace tidy and exits clear
- Follow procedures
- Use machinery correctly/ Report defects
- Wear PPE
- Attend training/ stay awake!
- Don't endanger yourself or others
- Co-operate



General Regulations 2007

- Assess the risk
- Avoid need for Excessive Strains
- Reduce Risk



What happens if you don't comply?

Case Study

O'Connor v North Eastern HB (High Court, '99)

- Patient has fallen out of bed
- Plaintiff had to reach over to get the patient
- Injured his back
- Had not been trained in manual handling
- Total general damages were £112,000

Ways to reduce Excessive Strains

- Provide Equipment or Machinery

Examples?

- Re arrange workstations to reduce strain
- Ensure sufficient breaks are taken

Required Paperwork

- Accident Report Forms
- Safety Statement
- Record of Risk Assessments
- Required Checklist for your Business

Risk Assessments



Lets Work together

- Identify the hazards
- Reduce the risks
- Is it reasonable practical?



What would we change here?



Traffic plan?



childcare?



What about this one?



Community Sports day?



How about in the home?



Unit 2

Safety of Children and Public

- Childcare
- Mobility issues around the centre
- Traffic Management
- Evacuation Plans



Childcare

- Age Appropriate toys
- No Sharp Edges
- What's at their level?
- Is there any medical issues?



Notice the difference?

- What we see
- What they see



Mobility Awareness

- Inclines / Declines
- Steps
- Tight spaces
- Items on the ground



Traffic management

- Do you have a traffic management system?
- Does it Work?
- How could you make it better?
- Pedestrians and vehicles separate?



Evacuation plans

- Is there regular drills?
- Does everyone know where to assemble?
- Have you enough people to help?
- Are there any other dangers involved?



Unit 3

Looking After you and your Staff

- Training
- Team Building



Training

- Everybody should be trained in:
 - Manual handling
 - Basic Fire Safety
 - Basic First Aid
- Other considerations
 - General Health & safety
 - Safe Pass
 - Patient Moving
 - Sharps Awareness
 - Chemical Awareness



Team Building

- When it comes to Health and Safety,
Everybody's opinion matters
- Get everyone involved
- Theres always a role for somebody to play

Unit 4

Safety Equipment At Work

- First aid Kits
- Fire Extinguishers / Blankets
- Signage
- Trolleys
- Personal Protective Equipment (PPE)



First Aid Kits

- Should be HSA Standard
- Checked Regularly
- Replace used/ Expired Equipment



Fire Safety Equipment

- Fire Extinguishers
- Fire Blankets
- Hose Reels
- Alarms
- Hydrants



Signage

- First aid
- Fire Extinguishers / Blankets
- Hazard Signage
- Evacuation
- Information

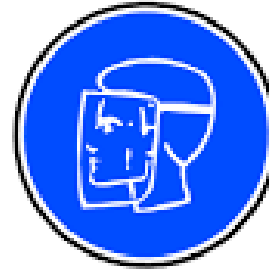


The power of bad signage



Personal Protective Equipment

- Clothing
- Gloves
- Traffic
- Machinery
- Eye Protection



Free Resources for the Business

Useful websites

- [*www.hsa.ie*](http://www.hsa.ie)
- [*www.besmart.ie*](http://www.besmart.ie)
- [*www.rsa.ie/en/RSA/Road-Safety*](http://www.rsa.ie/en/RSA/Road-Safety)



Refresher

- General Health & Safety
- Child and Public Safety
- Looking after you and your staff
- Safety Equipment
- Free resources for your business

Q & A



Now its your turn!



Any questions, Queries
Comments or Opinions?

Finish!

Many thanks for your time and attention.
All feedback is greatly appreciated!



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